Semester Conversion Co-Curricular and Student Support Subcommittee
University Hour (U-Hour)

Background:

Semester conversion is well underway at Cal State East Bay. This is a multi-year effort to transition the campus from a quarter to a semester calendar. The first term on the semester calendar will be Fall 2018 (August 2018). CSUEB is committed to providing information and engaging all of the CSUEB community in the process of conversion. As part of the Semester Conversion, the University is considering implementing a University Hour.

University Hour (U-Hour):

The U-Hour is a period of time during the day in which lecture classes would not be scheduled to allow time for various opportunities. The goal would be to increase campus engagement to meet the needs of CSUEB's diverse population of students, faculty and staff. U-Hour at CSUEB could be dedicated to creating campus community within these groups. Open and challenging dialog with and among students could be fostered while establishing a sense of belonging for disconnected students. A focus on campus pride could also be enhanced. The U-Hour presents opportunities to offer campus-wide celebrations, and/or events; to promote interdisciplinary intellectual and cultural exchanges on campus; and to develop programs and events that provide students and faculty the opportunity to share their research with an audience of on campus colleagues. The time could be used to enhance the out-of-classroom experience via activities that create a vibrant learning environment and a community of learners.

Students could document their involvement in educational experiences and activities taking place outside of the classroom in a Co-Curricular Transcript. These transcripts could be submitted for graduate school and/or career applications to enhance their CSUEB résumés. In addition, faculty can use this time to participate in service and activities that count toward retention, tenure, and promotion (RTP).

Here are some examples of how U-Hour can benefit the CSUEB community:

- **Academic Support Programs**: Resource Fairs, Networking, Tutoring, Workshops
- **ASI:** Meetings, Elections, Events, Tabling and Outreach, Office Hours, Concerts
- **Campus**: Town Hall Meetings, Celebrations, Emergency Response Simulations, Brown Bag Series
- **Center for Community Engagement**: Community/Service Learning, Pioneers for Change
- **Center for Student Research**: Student Research Symposiums, Student and Faculty Research Poster Sessions
- **Community:** Alumni Mentor Networking, Internship Opportunities, Hayward Promise Neighborhood
- **Faculty**: Research, Scholarly, and Creative Presentations, Learning Community Networking, Study Groups, Service Learning, College and Department Gatherings
- **Human Resources**: Open House, On Boarding, Benefits Fair
- **Office of the President**: Fall Convocation, Freshmen Convocation (w/increased faculty presence)
- **Office of Sustainability**: Sustainability Summit, Teach-Ins, Lectures, Committee Meetings
- **Office of University Diversity, Leadership & Wellness and the Diversity and Inclusion Student Center**: Week of Inclusive Excellence, Keynote Speakers, Tunnel of Oppression, Programming, Professional Development
- **Student Affairs**: Campus-wide Student Worker Training, Co-Curricular Transcript, Student Engagement, Campus-wide Leadership Conference, CSUEB Ted Talks, Social Justice Institute
- **Student Center for Academic Achievement:** Academic Workshops, Writing Skills Test (WST) Preparation
- **Student Life**: Clubs & Organizations, Meetings, Elections, Debates, Tutoring, Study Groups, Fitness & Wellness Activities